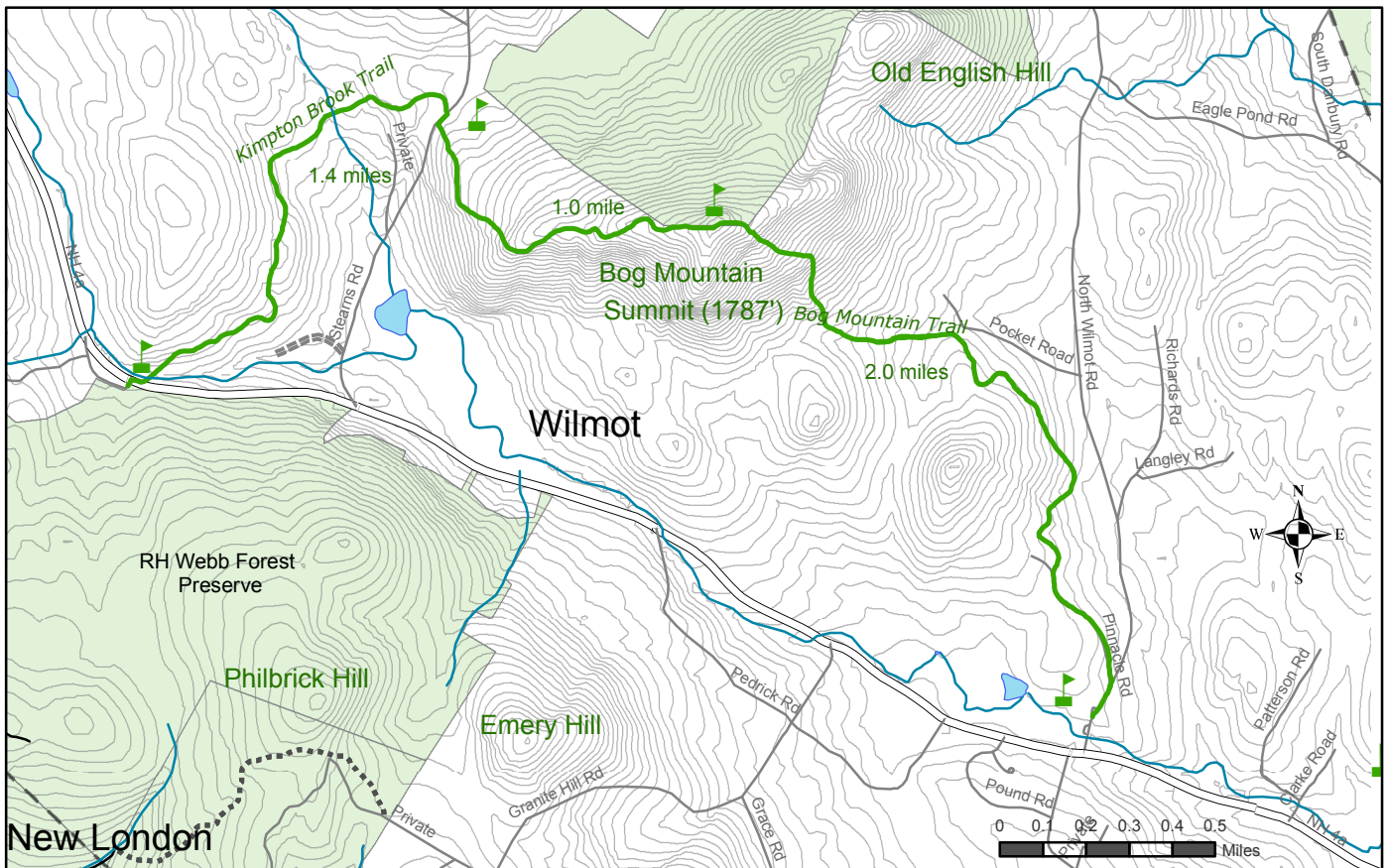


## Trail 7 NH Route 4A to Wilmot Center



Total Distance: 4.4 miles  
Total Ascents: 800 feet

Estimated time: 3 hours  
Total Descents: 1100 feet

**Overview:** This section of the SRKG is a mixture of well-developed wooded trails and woods-logging roads with one uphill section. From an elevation of approximately 1200 ft. at NH Route 4A it rises up to 1800 ft. at the summit of Bog Mountain and finishes at 900 ft. elevation in Wilmot Center. Deer, turkeys, bears and moose have been seen by hikers on this trail.

**Finding the Trailheads:** The western trailhead is just off NH Route 4A, where Trail 6 intersects at School House Road, 2.4 mi. west of North Wilmot Road. Parking is available at this location. The eastern trailhead uses the parking area at Wilmot Town Hall. From NH Route 11 go 3 mi. west on NH Route 4A and turn right on North Wilmot Road. The Town Hall is on the left after about 80 yd.